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The Care Culture Spiral

Why the care sector is prone to developing toxic cultures.

Typical Care Manager

- Personality Type
- Purpose & Drive
- Highly Capable

Drama Triangle Trap

- Persecutor
- Victim
- Rescuer





Inconsistent Management

- Inappropriately Assertive
- Behaviour Excused
- Conflict Avoidant

Inconsistent Standards

- Staff Turnover
- Cliques
- Overburdened Staff



Increase in absence Increase in agency Increase in issues Decrease in standards New Starter Turnover



Overstretched Leadership



Top Level Spiralling



Safeguarding risks increase along with the number of reportable incidents.



Resident and relative complaints increase. Occupancy decreases.



Income is reduced, assets and equipment become dilapidated. Staff stop reporting repairs.



Recruitment is impossible. Good Staff are **burned out**. Poor staff "resign and stay".



Standards decrease further Permanent staff are the very best and the very worst.



